

## 2022 Health & Wellbeing Program

We are excited to launch our new Health & Wellbeing Program 1/1/2022! The health & wellbeing program is completely voluntary, but if you do choose to participate, you can earn up to \$500 into your HSA if you are enrolled on one of Rotochopper's medical plans or as a cash bonus if you aren't enrolled (cash bonus will have to be taxed per IRS regulations).

Here are some key items to note about the program:

- You do not have to participate in all activities. They are all independent and you will get rewarded for which ones you complete.
- The Health Risk Assessment is completely confidential. Only you will see the results.
- Any activities you want to complete must be done by 11/30/2022 to qualify for the incentives.
- All incentives earned will go towards your HSA making these tax free.
- All employees can participate! If you aren't enrolled on one of Rotochopper's health plans, the incentives will be paid out as a cash bonus and will have to be taxed per IRS regulations.
- Any incentives earned will be paid out in December 2022 and you must be employed at that time to receive your incentives earned.

Below is the list of activities you can earn incentives on.

- \$100 Complete the Health Risk Assessment
- \$100 Get a preventive medical annual exam
- \$100 Get a preventive dental exam
- \$100 Tobacco Affidavit: Is Tobacco free and has not used any form of tobacco (cigarettes, chewing tobacco, snuff, e-cigarettes, cigars) within the last 6 months in any amount (including occasional social use)
- \$100 Additional wellness activity

You can logon to your Health & Wellbeing portal through your HealthPartners member account. Please see Human Resources if you need a reasonable alternative.